

DATE SQUARE

A classic twist on a dessert favourite.
Now you can dip a date square in your hot
drink, without it crumbling!

Nutrition Facts Valeur nutritive

Per 2 pieces (74 g)
pour 2 pièces (74 g)

Calories 280

% Daily Value*
% valeur quotidienne*

Fat / Lipides 9 g	12 %
Saturated / saturés 5 g	28 %
+ Trans / trans 0.4 g	

Carbohydrate / Glucides 43 g

Fibre / Fibres 2 g	6 %
Sugars / Sucres 18 g	18 %

Protein / Protéines 6 g

Cholesterol / Cholestérol 50 mg

Sodium 290 mg	13 %
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Potassium 100 mg	3 %
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Calcium 75 mg	6 %
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Iron / Fer 2 mg	11 %
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*5% or less is **a little**, 15% or more is **a lot**

*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

Ingredients: Flour, Brown Sugar, Butter, Eggs,
Oats, Dates, Baking Powder, Salt, Vanilla Extract,
Water

May contain: Wheat, Oats, Eggs, Milk, Gluten,
Sulphites

Ingrédients: Farine, cassonade, beurre, œufs,
avoine, dattes, levure chimique, sel, extrait de
vanille, eau.

Peut contenir: blé, Avoine, Oeufs, Lait, Gluten,
Sulfites



PROUDLY MADE IN CANADA