

LUMP OF COAL

Has someone on your list been naughty this year? Lump of Coal is the perfect flavour to tease them with at Christmas time!

Nutrition Facts

Valeur nutritive

Per 2 pieces (34 g)
pour 2 pièces (34 g)

Calories 130

% Daily Value*
% valeur quotidienne*

Fat / Lipides 5 g	7 %
Saturated / saturés 3 g	15 %
+ Trans / trans 0.2 g	

Carbohydrate / Glucides 19 g	
Fibre / Fibres 1 g	3 %
Sugars / Sucres 9 g	9 %

Protein / Protéines 3 g

Cholesterol / Cholestérol 25 mg

Sodium 105 mg	5 %
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Potassium 50 mg	2 %
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Calcium 20 mg	1 %
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Iron / Fer 1 mg	5 %
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*5% or less is **a little**, 15% or more is **a lot**

*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

Ingredients: Flour, Sugar, Butter, Eggs, Milk Chocolate, Cocoa Powder, Baking Powder, Salt, Vanilla Extract

May contain: Wheat, Eggs, Milk, Gluten

Ingédients: Farine, sucre, beurre, œufs, chocolat au lait, cacao en poudre, levure chimique, sel, extrait de vanille

Peut contenir: blé, Oeufs, Lait, Gluten



PROUDLY MADE IN CANADA